Patent Claims:

- 1. A building board made of OSB (oriented strand board) which can be laid on beams, which are 5 spaced apart parallel to one another, in order to form a subfloor in a residential or commerc building and which has two mutually opposite longitudinal edges and two mutually opposite transverse edges running at right angles to the 10 longitudinal edges, one longitudinal edge and one transverse edge in each case having a to ngue and the opposite longitudinal edge and transverse edge having a groove corresponding to the tongue, via which a plurality of building boards can be 15 connected to one another and locked in the vertical direction in relation to one another, wherein the to ongue and the groove longitudinal edge are designed such that two boards which are connected to one another at the longitudinal edges are also locked in a horizontal 20 direction in relation to one another.
- 2. The building board as claimed in claim 1 , wherein the groove on the longitudinal edge is bounded by a top lip and a bottom lip, the bottom lip projects laterally beyond the top lip and has a concave recess over the entire length, and the tongue has a convex underside which corresponds to the recess.

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- 3. The building board as claimed in claim 1, wherein the longitudinal edges and the transverse edges have a chamfer on their top side, with the result that a V-shaped joint is formed at the connecting location between two boards.
- 4. The building board as claimed in claim 1, wherein the board comprises four layers, in which case, in

the two outer layers, the longitudinal direction of the strands is oriented predominantly in the longitudinal direction of the board and, in the two inner layers, the lo ngitudinal direction of the strands is oriented predominantly in the transverse direction of the board.

5. The building board as claimed in claim 1, wherein the strands are glued with an isocyanate resin, a urea resin or a melamine resin.

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- 6. The building board as claimed in claim 1, wherein the top side of the board is provided with markings, along which the board can be fastened on the beams by means of screws or nails.
- 7. The building board as claimed in claim 1, wherein the bottom lip of the groove , on the longitudinal and/or transverse side, has depressions, which are spaced apart parallel to one another, for accommodating a nail head or screw head.